## FOR WOMAN FAIR

Matters of Interest to the Intelligencer's Feminine Readers.

FASHIONS, FADS AND FANCIES.

Choice Bits for Young and Old, Rich and Poor-Valuable Recipes and Hints-Suggestions for Housewives and Society Belles, With a Little Nonsense Thrown lo for Everybody.

What is it that wears a woman out?
It isn't work or hurry.
Not gain of care or loss of hair.
But worrs, simply worry.
Ehe worries whenever the baby's out,
And aquality when it's in.
Site worries for fear that her hat's too large.
And hay fear a bit too thin.
Each of the simple state of the simple simpl grim, relentless frouties brogs, tis her petty worries by seks them up for lighter days! —Chicago Journal.

Family Bill of Fare for Oue Day. BREAKFAST Strawberries Cracked Wheat with Sugar and Cream Hamburg Steak Radishe Asparagus Omelette Wheat Cakes

LUNCHEON Bweet Breads

Baked Potatoes

Brown Bread and Butter

Fruit

Tea New Pear

DINNER
Mock Turtle Soup
Roast Veal
New Potatoes Curried Rice
Stewed Tomatoes Cucumber Salad
ters Cherry Pudding Check
Coffee

Owed to Commencement.

SHAVING SETS FOR WOMEN. A New Fad Which Necessitates the Silver Mug and Brush.

How our grandmothers would be shocked if they were to peep in upon the dressing table of the fin de seicle maiden, and there behold along with powder, puff and scent bottle a very powder, puif and scent bottle a very masculine-looking cup and brush, which the girl of to-day calimly announces is her shaving set. To many who are not grandmothers this may sound like exageration, but it is the truth nevertheless, for with our own eyes we have seen it, and with our own lips we mean to praise it, for it is a well-known fact that women are averse to washing their faces as liberally as they wash their hands, and this new fad is destined to bring about the long desired result.

desired result.

The French massage operators have discovered the force of soap on the skin and the lather mug and brush is on the

discovered the force of soap on the skin and the lather mug and brash is on the table of every Parisian lady who aspires to good looks and a good complexion. The idea is first to thoroughly lather the face and rub the soap well in, wipe off with a damp towel and then in cold. This is followed by a rest of five minutes, then the face is annointed with cold cream and massaged briskly for a few minutes.

Again the face is washed and velvety softuess and a youthful bloom is the result. The cup and brush that do such effective service are to be found both in delicate china and silver, the latter, however, being the more popular. Even though a woman may be adverse to such an arrangement, she will find that the beneficial results accruing from the use of the little brush will soon overcome any prejudice on the score of masqulinity that she may entertain.

ABOUT PRUIT DIET.

ABOUT FRUIT DIET.

A Specialist on Skin Diseases Advo-cates It.

A specialist in skin diseases is authority for the following statement:

"Pimples, eruptions and similar skin diseases of the face that are not hereditary may be cured in a very short time by a diet of laxative foods, varied acby a diet of faxative toods, varied according to the season. I advise ornamenting the table at each meal with whatever fruit is seasonable, and allowing the individual to be helped whenever and as often as he or a he may desire. This serving the fruit course at the end of the meal when the appetite is appeared to repliction is a rest, misis appeased to repletion is a great mis-

"Il feel like eating an orange or a handful of dates I do so, whether this soup has been served or not. When the dessert comes on, the chances are even that I won't want any. That's my gain, not loss, for if I hadn't eaten the fruit I should have taken a dish of ice cream, which little more than cools the mouth, and I would have had no room for the wholesome orange or apple. Chicken salad and pattics, cheese, pastry and a number of other popular and it. Chicken salad and patties, cheese, pastry and a number of other popular and indigestible dishes should have their turn at the end of the meal. The nearer the beginning such things as fresh, ripe berries, juicy tropical fruits, asparagus, cauliflower, onions, boots, mutton, rare juicy beef, spinach, lettuce, squash and stewed seed fruits such as firs, plums, prunes and cranberries are served, the better."

Honors Won by Girl Students.

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The University of St. Andrew's, which one year ago opened its gates to women, has now published the results of the first sessional examination in which women have taken part. As yet the women students are very few, but they have secured the second place in English literature, the first in Latin, the first in Roman history, the fourteenth in Greek, and the seventh, the twelfth and the fourteenth in first mathematics. As the classes consist of mathematics. As the classes consist of seventy or eighty students each, the hour of being among the first twelve or sixteen is of some value.

German Husband's Wedding Bings

When a maiden is bethrothed in Germany, she is called "bride" by her sweetheart, who addresses her thus When a maiden is bothrothed in Germany, she is called "bride" by Bersweetheart, who addresses her than until it becomes time to call her "wife," Immediately upon betrothal the lovers exchange rings, which, if the course of true love runs smooth, are to be worn ever afterwards until death parts them. The woman wears her betroihal ring on the third finger of her left hand until she is married, and then it is transferred to the third inger of her right.

hand. The husband continues to wear the ring just as the wife were hers when she was "bride," so that one can not tell easily at a glance if a man be or be not mortgaged as to his affections. A young German matron, on being told of the careless American custom of allowing a man to go unfettered, exclaimed: "Oh, how dreadful! How unjust to young wives! How could I expose my Wilhelm so young—only twenty-fre—to the temptations of the world, if he were not to wears marriage ring? The girls would make love to him. I would not live in America for the world."

Sidney Sautes.

The success of this dish depends upon the rapidity with which it is cooked and served; not more than twenty minutes should clapse during the operation because, all authorities to the contrary notwithstanding, kidneys are made hard and tough by long continued cooking.

hard and tough by long continued cocking.

Beef kidneys are the best for this dish, but others may be used. After washing the kidney, cut it in small slices, rejecting all the white portion. For a pint of aliced kidney, peel and grate, or chop finely, a tablespoonful of onion; put it in a frying pan, with two tablespoonfuls of cool drippings or butter, and when it begins to brown put it in the sliced kidney; sitr the kidney over a hot fire for five minutes, then stir in a tablespoonful of dry flour, and, when it is brown, did a pint of boiling water, a tenspoonful of sait, quarter of a salt-spoonful of pepper, and two tablespoonfuls of any good table sace. Stir the kidney until the sauce is smooth, taking care that it does not case boiling. In twenty minutes serve it with a dish of now boiled potatoes and the puree of spinach. The French method substitutes a glass of wine for the table sauce, and adds a little finely chopped parsley, when the kidney is cooked.

Blue Dentin Curtains.

paraloy, when the kidney is cooked.

Blue Dentu Curtains.

A pair of blue denim curtains that is pretty has huge sprays of pink and white apple blossoms, with stems in brown and leaves in green, cut from cretonne any pasted on with embroiderers' paste, then button-holed with short, far-npart stitches done in appropriate shades of crewels. The blossoms are grouped effectively, falling from the upper right hand corner, with botals dropped here and there below. It is finished with a three-inch hem, feather-stitched with alternate rows of the colors used in the embroidery, and a fringe also of these colors.

Jenny Lind Ten Cake.

Jenny Lind Ten Cake

Jenny Lind Tea Cake.

Four cups of flour, two-thirds of a cup of sugar, one egg, one tablespoonful of butter, two heaping toaspoonfuls baking powder. Mix with sweet milk to the consistency of cake batter. Heat shallow pans, greaso well, and pour in the batter. Bake twenty minutes or half an hour, in a quick oven and eat hot with butter. This recipe makes two or three panfuls of the most delicious ica-cake known to cookery.

Woman's Odd Work,

Mrs. Martha Howe Davidson, of Chi-ago, has written a sories of articles on he architecture of the exposition.

Mrs. Ida Tims Klocker, of Iowa, has are to a rims klocker, or lows, in the reported overy race that has taken place on the famous Independence track since it was opened in 1889; she is a recognized authority on all race questions, and from the owners to the stable boys is universally respected.

Fancy woman as an authority on trouting! Yet, a most capable paper on this subject has been written by Mrs. Cornelia Crosby, of Maine, who is as able with her pen as she is clever with her rod. Fishing seems a sport entirely averse to feminine nature, yet Mrs Crosby has the remarkable record of 52 trout in 54 minutes, and is physically well qualified for wading in trout streams, being nearly six feet tall.

To Mend Gloves.

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To mend gloves, cut a strip off the top of a long glove, and insert a morsel of it under a rip, attaching it with blind stitches to the sides of the aperture. That is done when the finner or the glove is small or short. Again, sew up the rip with cotton of the self-same color, not with silk. But the best thing of all is mending tissue. When heated it will attach itself closely to the inside of the finger and tell no tales.

Strawberry Shortcake,

Strawberry Shortcake.

One quart of flour, an equal tablespoonful of salt, four tablespoonsful of
sugar, two or butter and one of lard.
Rub all these into the flour, add three
heaping leaspoonsful of baking powder.
Beat two eggs light, then add to the
mixture milk enough to make a soft
dough (about one pint). Divide, roll
out and put in a buttered baking pan,
cover thick with butter, roll out other
half and put on top of first layer. Bake
about twenty-flow minutes in a quick
oven. When done slide out on bread
board. When cool separate and place
the bottom layer in a plate and cover
thick with strawberries sprinkled with
pulvorized sugar. Put on the top layer
and cover with berries neatly arranged,
sprinkle with augar. To be caten with
plenty of cream.

plenty of cream.

Too Much for a Statesman.

Senator Sherman's wife recently told a good story. Mrs. Sherman invariably goes to market several times a week. So do other senators' wives, and sometimes a great statesman goes along just for anusement, or from a sense of duty. Mrs. Sherman had watched Senator Manderson, of Nebraska, escorting his wife through the market, even occasionally lugging the provision basket. Mrs. Sherman thought her husband might show her the same attention, and quoted Mr. Manderson to him till in simple despair Mr. Sherman consented to be annexed on market day.

He went the whole rope and even arread the basket of the property of the prop

annoxed on market day.

He went the whole rope and even carried the basket, but Mrs. Sherman has never mentioned "market" to him since. He lost the basket, and she lost him for a time, and when the great financier was safe in his own home he announced in big type that Somator Manderson and all the rest of both houses might go to market every day of their lives, but, as for him, John Sherman, as long as he possessed his mental faculties, he would never be persuaded into going again.

Portugal's Beautiful Onces

Partugnt's Reautiful Queen.

The entire male population of Seville seems to have gone mad over the beauty of Queen Ameia, of Portugai, who has been called thither by the serious illness of hor grandmother, the duchess of Montpensier. Whenever the queen appears in the streets site is followed by a big crowd of men, who utter audibly most extravagant remarks respecting her beauty and grace. Twice upon one day, it is said, Andalusian galanteadores threw their rich cloaks upon the muddy ground to save the royal shoes from being soiled, in studied or unconscious imitation of Sir Walter Raleigh and Queen Elizabeth.

Odd but Pretty Portleres.

red, deep cream, orange and a contrasting shade of blue were used in working over the blue and white squares harmoniously with various fancy stitches. The work was quickly but effectively done, and the result, owing to the harmonious blending of the colors, was most satisfactory.

Mashed Potatoes

Pare the potatoes, put these-in boiling water well salted and cover the pot. Allow them to boil steadily until tender. Drain thoroughly when done, sprinkle with a little salt, mash them in the pot with a notato beetle, working in a tablespoonful of butter and enough milk to make the paste soft and flaky.

No More Wedding Presents

No More Wedding Presents.

It is to Mr. Labouchere that the idea of an anti-wedding present league is due. Evidently the after-Easter strain upon his purses aroused the feelings which led to this idea. But a contemporary of Truth points out that not only the wedding guests and givers of presents are to be pitted, but also the unfortunate recipients of dosens of paper knives, photograph frames, scent bottles and the like. This paper suggests a "Wedding Present Reform League," by which prospective donors would write to the first bridesmaid, find out what was wanted and not yet bestowed, and was wanted and not yet bestowed, and so escape the horror of duplicating

He Careful of Apples.

No fruit loses flavor from being carelessly handled more quickly than apples. Apples which have been well
stored retain their flavor throughout
the winter, but those which have been
allowed to lie about with decaying specimens or stored losely in barrels either
lose their flavor or acquire a rank taste
from the conditions around them.

Still no Peace

GRANADA, NICARAGUA, May 31.—Those who hoped that peace might be restored as the result of the conference held in as the result of the conference held in Sahana Graud to-day between the representatives of President Sacaza and the revolutionists, are somewhat disappointed. At the request of United States Minister Baker, a truce of forty-eight hours was arranged and all hostite acts have ceased while the commissioners are in conference.

It is probable that hostilities will be resumed at the end of forty-eight hours,

resumed at the end of forty-eight hours, during which it was added that truces should prevail.

It is reported here that many prominent citizens of Leon, who sympathize with the revolutionists have been imprisoned by order of President Sacaza.

Au Aeronaut Killed.
Buffalo, N. Y., May 31.—Purcell Thomas, an aeronaut, while making an umbrella descent from the top of the parade house vesterday, lost control of the parachute, and was precipitated upon the ground below, a distance of fifty feet. His skull was crushed, and he died within an hour. Thomas wife and four children witnessed the fatal

Archbishop Rynn Donounces a Forgery.
Philadelphia, May 31.—Archbishop Ryan, of this city, declares that an extract fron an alleged recent sermon of his, published in the Rocky Mountain dimerican, of Denver, is an old forgery which he has been correcting the nearly thirty years. He states that he never spoke, wrote or thought what was attributed to him about the persecution of heretics in this extract. As it is likely to go the round of the press again, he hopes to prevent this injust-ice by the present disclaimer.

Report that Sacaza Has Resign Washington, D. C., May 31.—The department has received un-official ad-vices that President Sacaza, of Nicararesigned last night after signing

THERE IS MORE CATAITH IN this section of the country than all other diseases put together, and until the last few years was supposed to be incurable. For a great many years doctors promounced it a local disease, and prescribed local remedies, and by constantly failing to care with local treatment, pronounced it incurable. Science has proven catarrh to be a constitutional disease, and therefore requires constitutional treatment. Hall's Catairrh Cure, manufactured by F. J. Chenoy & Co., Toledo, Ohio, is the only constitutional cure on the market. It is taken internally in dojes from 10 drops to a teaspoonful. It acts directly on the blood and mucous surfaces of the system. They offer one hundred dollars for any case it fails to cure. Send for circulars and testimopials. Address F. J. Chensy & Co., Toledo, O. EM-Sold by Druggists, 75c.

No external remedy ever yet devised as so fully and unquestionably met these three prime conditions as successfully as Alloceg's Powors Plasters. They are safe because they contain no They are safe because they contain no deleterious drugs and are manufactured mon scientific principles of medicine. They are sure because nothing goes into them except ingredients which are exactly adapted to the purposes for which a plaster is required. They are speedy in their action because their medicinal qualities go right to their work of relieving pain and restoring the natural and healthy performance of the functions of museles, nerves and skin. Do not be deceived by misrepresentation. Ask for Allocok's, and let no solicitation or explanation induce you to accept a substitute. cent a substitute.

Now Try This.

New Try This.

It will cost you nothing and will surely do you good, if you have a cough,
cold, or any trouble with throat, chest
or lungs. Dr. King's New Discovery for
Consumption, Coughs and Colds is guaranteed to give relief, or money will be
paid Lack. Sufferers from la grippo
found it just the thing and under its use
had a speedy and perfect recovery. Try
a sample bottleat our expenses and learn
for vourself just how good a thing it is. for yourself just how good a thing it is. Trial bottles free at Logan Drug Co.'s drug store. Large size 50c and \$1.00. 3

The Trouble Over.

The Trouble Over.

A prominent man in town exclaimed the other day: "My wife has been wearing out bor life from the effects of dyspensia, liver complaint and indigestion. Her case builded the skill of our best physicians. After using three packages of Bacon's Colery cure, she is almost entirely well." Keep your blood in a healthy condition by the use of this great veratable compound. Call on Logan Drug Co., sole agent, and get a trial package free. Large size 50c. 4

A Good Thing for Coughs and Colds. A Good Thing for Coughs and Colds.

The more Chamberlain's Cough Remody is used the better it is liaed. We know of no other remody that always arives satisfaction. It is good when you rough is seated and your lungs are sore. It is good in any kind of a cough. We have sold twenty-live dozen of it and every bottle has eaven satisfaction. every buttle has given satisfaction. Stedman & Friedman, druggists, Min-nesota take, Minn.

Children Cry for Pitcher's Castoria.

Out of sight

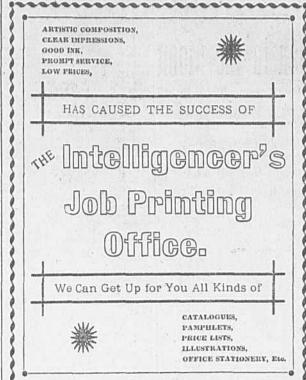
-out of mind. That's the way with things in the laundry and the kitchen. Perhaps you think they're using Pearline there. And your linen is going to pieces, and you're dissatisfied with the work, and you're blaming Pearline for all the trouble. If this is the case, you can make up your mind either that Pearline isn't used, or that something else is used with it, which does the damage. It can't be done by Pearline.

You'll probably find that they're trying to wash with some of the imitations that peddlers, prize-givers and unscrupulous grocers are palming off upon servants and some

others who can't see the danger. Look into the kitchen for yourself and see that they use Pearline.

Send Peddlers and some unscrappilous grocers will tell you "this is as good as " or "the same as Pearline." IT'S FALSE—Pearline is never peddled, it Back and you grocer sends you something in place of Pearline, but honest—send it back.

JAMES PYLE, New York.





A POSITIVE For Cuts, Sprains, Bruises, FLUX and DYSENTERY. and all Internal and External Pains and Aches. To keep it with you will often save a doctor's bill. When sweetened, children like it. Sold by all Medicine Dealers. No Relief-No Pay. Price 25 and 50 cents a bottle. Keep it in the house for a time of need.

HERB MEDICINE CO., Weston, W. Va.



DRY ITCHING SCALES THAT CRACKED AND POPPED OPEN. LINDLEY, STEUBEN Co., N. Y., April 11, 1800.

FOSTER, MILBURN & Co., Buffalo, N. Y.

FOSTER, MILBURN & Co., Buffalo, N. Y.

GENTLEMEN: —When about ten or twelve years old I was troubled with cracks across the pain of my left hand, and when they healed the trouble broke out on my head, and every winter it would come out as a sort of tetter and make scales all over my head. I have not been free from it a single winter since, but it was worse last winter after I had the grippe, for then it came out in spots all over my body. I had a doctor examine me, and he told me that there was no cure for me. I got worse and worse. Beales would form over the sores and then dry out until they would crack and pop open, showing a watery matter. My skin was all like a drywrapper. It felt as though it had dried on me. The scales were so bad that they would collect in the bed and have to be shaken out. It was about this time that I commenced using B. B. B. I was so bad that I was ashained to take my hat off before a neighbor. I had used five bettles of another medicine without noticing any effect; but when I commenced to take B. B. E. the sores came out thicker than before, and they burned like fire; they were immease blotches of fire that would burn so I could not sleep. The way they burned and itched can not be told, and I hope no one else may ever know from experience. The only relief I could get was from washing the sores with some E. B. E.

I stuck to the medicine and was on the fourth bottle before I could see that I was assisted to greet such rottenness out of

I stuck to the medicine and was on the fourth bottle before I could see that I was really better, although I know that it was better to get such rottenness out of my blood than to have it stay there. I did say once that I wished I had never commenced taking B. B. B. but my wife encouraged me, and to-day I thank her for the advice, for I am in good health now, and I don't believe I ever would have been with my blood in such a condition as it was.

My graph now he lean and clear of all cache and states, and on my body there.

My scalp now is clean and clear of all scales and tetter, and on my body there only small spots to show where the sores were, and these spots are free from tea. I do not doubt but that the cure will be perfect.

I am now on the sixth bottle and will take more until every spot is gone. I sirmly believe that Burdock Blood Bitters will cure the worst disorders of the blood, for such certainly was mino.

Chas Wingoli-Assets, \$8,086,462,26.

STRONGEST.

Compound Interest Investment

HOME LIFE INSURANCE CO.

Uli Per particulars, address H. B. MOESER, Manager, 531 Wood St., Pittsburg, Surplus, \$1,028,966.54, MOST LIBERAL F. M. Thomas, General Agent, Kingwood, W. Va.

MANHOOD RESTORED "Norvo Scoods. Was -DAG





NEGLECTED COLDS.

The Reason That so Many People Die of Consumption, Which Kills About Nine Out of Ten who Die of Disease.

Two-Thirds of the Deaths from Lung Trouble Might be Aveided if the Catarrhal Conditions Which Tend to in Were Treated and Cured-Heed the Warning Signs.

Hardly a day passes in which Drs. Copeland, Bell and Davis are not brought in contact with one, two, three or more cases in the last stages of consumption, and many of them so affected with the disease that they are beyond reliat, much less cure.

much less cure.

The bistory of the majority of these cases is The bistory of the uniquity of these cases is somewhat is follows: Some say that at some time or other they had measles, which induced bouchaid truthe and persistent cough. Others said that at one time or another they contranted cold, followed by cough and expectoration, better in summer, worse in winter, attended by a gradual joss of thesh and strength. Others give a history of in grippe, and say that since the discount of the cought of the coug

night swears.

NUTFIEST OR PREMONITARY SYMPTOMS.

Others again are unable to assign any cause for their fill health, say their first symptoms were a slight cough, generally dry and backing, followed by the raising of a thin nuteus, which in time becomes opaque and strucked with blood, at times wandoring palms in the upper persons of the clusts and besieves the aboulders, and desired the clusts and besieves the aboulders, and the cluster of the control of the clust and observed the process and the cluster of the

them if was only a little cold or oroantal trouble, or dyspersia or general debility, from which they would in time recover.

\*\*ECONDANY OR ALMING SYMPTONE\*

When recovery or even improvement in these cases failed to show itself and the patient had lost either in power of expansion or contraction, the color bone, rike and bones of the shoulder joint became rike and bones of the shoulder joint became cough persistent and harassing, the muous pursues the standard of the shoulder joint became and the mind abnormally hopeful, the family and friends realize the situation, the true nature of the disease, call in another doubter and the mind abnormally hopeful, the family and friends realize the situation, the true nature of the disease, call in another doubter acceptable that the same the family that in that sage cure is hopeful to the standard the mind shormed to resign themselves in the hardy should be seen to the same the family that in that sage cure is hopeful to the standard the mind the same of consumption. He because when the same that it is the case of Mr. Stowart, given below the last and hopeless stage of the disease would not have been reached.

In view of our advanced knowledge of the disease would not have been reached.

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SAVED FROM CONSUMPTION.

SAVED FROM CONSUMPTION.

Mr. Benjamin Stewart, who Suffered from the Results of Neglected Colds, Caused by Exposure, Saved from the Grave by Drs. Copeland, Bell & Davis.

"I had pains through the chest and shoulders running down my arms so bad I could not sleep," says Mr. Stowart, who is employed at 18 standard Mill. "Appelle poor, and what little I did eat caused my etomach to furt, sour stomach or heartburn, bad headache nearly althe time over my eyes and across the top of my bead, shortness of breath and paiptain or beat. The heart trouble caused me to dose a great smount of siep, as if I happened to rule over on my left side, I would waken up in a lart."

great sates over the my left side, I would was a work of my left side, I would want the followed by the paint became so had I had to quit work. Wy howels were irregular, constination followed by diarrhest. Had night sweets waith weak-ened me very much. Chills running down my



MR. BENJAMIN STRWART, Martin's Ferry, O.

Ms. BENJAMS STRWART, Marthr's Ferry, Q.

ack, with sharp pains running through my
act from believen shoulder bisdes stabiling,
ke a kaite. My nostrile had been stopped up
fail on for at least four or fire yoars, with
ropping from head to throst with hawking and
wand sore, had roating noises in my sets.

"I took treatment with Drs. Capeland, Bell &
was, which has entirely cured me. My nose
off throat are well, no more chills or heart
works, which has entirely cured me. My nose
off throat are well, no more chills or heart
works, which has entirely cured me. My nose
off throat are well, no more chills or heart
orable, siepe good, est good, without pini in
omach, and seldom have any more pains in
y shoulders. Their frestment is the most
commend it to suffering immanity, as I now
of like a new man. I had tried many so called
off octors, and all the patient medicines &
nid hear of, and they did me no good at all.

Drs. Corpoland, Bell & Dayls treat uccess-

Drs. Copeland, Bell & Davis treat successfully all cumble cases at 1121 Main street. Wheeling W. A. Office hours, 2 to 14. M. 2. To 5 r. M. and 7 to 9 r. M. Sundays. 10 to 12 A. M. and 7 to 9 r. M. Spedities—Cataryh and all diseases of the ere, ehr, threat and lumes; dyspisis curvel; nervous disease cured; skin disease cured. Many cases treated successfully by mail. Send 2-cent stamp for question blank. Address all mable to.

DES. COPELAND, BELL & DAVIS.
1121 Main street, Wheeling, W. Va.

\$5 A MONTH

Don't You Know

that you can secure almost immediate relief from Indigestion, and that uncomfortable fullness after meals, by simply taking a dose of Simmons Liver Regulator? Some people think that because it is called Liver Regulator it has nothing to do with Indigestion and the like. It is the inaction of the Liver that causes Indigestion, and that fullness; also Con-stipation, and those Bil-ious Headaches. Millions have been made to understand this and have been cured from these troubles by Simmons Liver Regulater—a medicine unfail-

ing and purely vegetable.
m Rev. M. B. Wharton, Baltimore, Md It affords no pleasure to add my testi-my to the great virtues of thiramons over Regulator. I have had experience to it, as research demanded, for many are, and resord it as the greatest inciden-greatest medical to the greatest inciden-ter of the times. For good a medicine serves uniternal commendation.

ONLY THE BEST QUALITY OF THE NUATEST TYPE are used in the Com-THE INTELLIGENCER JOB OFFICE